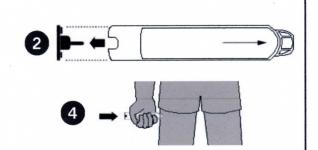


## FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

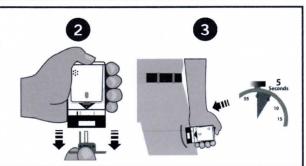
## **EPIPEN® (EPINEPHRINE) AUTO-INJECTOR DIRECTIONS**

- 1. Remove the EpiPen Auto-Injector from the plastic carrying case.
- 2. Pull off the blue safety release cap.
- 3. Swing and firmly push orange tip against mid-outer thigh.
- 4. Hold for approximately 10 seconds.
- 5. Remove and massage the area for 10 seconds.



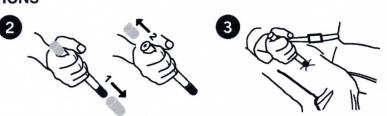
## **AUVI-Q™** (EPINEPHRINE INJECTION, USP) DIRECTIONS

- Remove the outer case of Auvi-Q. This will automatically activate the voice instructions.
- 2. Pull off red safety guard.
- 3. Place black end against mid-outer thigh.
- Press firmly and hold for 5 seconds.
- 5. Remove from thigh.



## ADRENACLICK®/ADRENACLICK® GENERIC DIRECTIONS

- 1. Remove the outer case.
- 2. Remove grey caps labeled "1" and "2".
- 3. Place red rounded tip against mid-outer thigh.
- 4. Press down hard until needle penetrates.
- 5. Hold for 10 seconds. Remove from thigh.



OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can get worse quickly.

EMERGENCY CONTACTS — CALL 911	OTHER EMERGENCY CONTACTS
RESCUE SQUAD:	NAME/RELATIONSHIP:
DOCTOR:PHONE:	PHONE:
PARENT/GUARDIAN: PHONE:	NAME/RELATIONSHIP:
	PHONE:

Presented by GSF Student Wellness & Safety Committee

Contact:

John Dasher, Chair

Imdasher629@gmail.com

415-577-3769

PARENT/GUARDIAN AUTHORIZATION SIGNATURE

DATE

FORM PROVIDED COURTESY OF FOOD ALLERGY RESEARCH & EDUCATION (FARE) (WWW.FOODALLERGY.ORG) 5/2014